



# COACHES Program

*Cultivating Organized Achieving Confident Higher reaching Empowered Students*

## **Who:**

Children and Adults who have Executive Functioning difficulties, with or without ADHD

## **What:**

Personalized coaching to improve time management, organization, planning and more

## **Where:**

COACHES is available at all of our offices.  
Maple Grove, Plymouth, Rogers and St. Louis Park

## **When:**

At a scheduled time with one of our licensed therapists. The individualized program runs roughly 12-16 weeks.

## **Cost:**

The COACHES program can be billed through your insurance or paid out of pocket. We also offer a self pay semi-private component for students who would like to come with a friend.

*Call (763) 559-7050 or email  
info@pcsmn.com for more  
information and to get  
scheduled with our  
COACHES trained therapists*