

PRESS RELEASE

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Plymouth-Based Psychology Consultation Specialists Announces New Name and Main Office Location

Plymouth, Minnesota – Psychology Consultation Specialists (“PCS”), formerly known as Pediatric Consultation Specialists, a leading psychological practice that provides both assessment and psychotherapy services for children, teens, adults, and families, is pleased to announce its new name and main office location.

PCS owners Dr. Ellie Covin and Dr. Sandy Sondell first opened their practice in 2008. At that time, their primary goal was to increase collaboration and continuity of care for children and adolescents with mental health concerns. They envisioned a setting in which children could be appropriately diagnosed through a comprehensive evaluation and then be subsequently referred for therapy with known and trusted psychotherapists.

Over the past five years, however, those initial goals have been surpassed. Dr. Covin, stated, “We opened our practice in response to a pediatrician’s comments regarding the lack of psychology services for children in the West Metro and, since then, we have realized that the need for our services was even greater than imagined.”

After opening the practice with four part-time psychologists specializing in the assessment and treatment of children and adolescents, the practice has grown to include 15 full-and part-time providers and has expanded to serve individuals across the lifespan – children, teens, families and adults. In addition to the implementation of proven strategies in individual, family, and group psychotherapy, PCS has also introduced specific research-based programs that are only offered by a limited number of psychologists in Minnesota, including Bringing Baby Home and Cogmed.

Dr. Sondell shared her thoughts on the decision to change the name of their practice. “With the growth and changes in our practice, the decision to have our name include “Psychology” versus “Pediatric” was the logical next step in order to reflect the breadth of work being done by our providers. PCS is excited for continued growth momentum and meeting the needs of clients, referring providers, and the local community.”

As of June 1, 2013, PCS has relocated its main office to 3300 Fernbrook Lane North, Suite 120, in Plymouth. The new office offers more space to accommodate client needs, including expanded therapy and testing rooms, and a more diverse reception area for the range of clients from child to adult. In addition, PCS will continue to offer its full range of services at additional satellite offices in Maple Grove, Rogers, and Brooklyn Park; all located within Partners in Pediatrics clinics.

For more information on PCS services, providers and office locations, please visit www.pcsmn.com.